

ADM - Admission to Hospital

ADM-ADV ADVANCE DIRECTIVE

OUTCOME: The patient/family/caregiver will understand the process of developing an advance directive and its role in maintaining a sense of control in the patient's medical care and decisions.

STANDARDS:

1. Explain that patients may lose the ability to make their own decisions and an advance directive will be able to express the patient's desires prior to the loss of decision-making abilities.
2. Review the option of Advanced Directives/Living Will with the patient and the patient's family. Explain treatment options and answer questions in a manner the patient/family will understand.
3. Refer to appropriate services to assist the patient in making a living will, e.g., Social Services, Clergy, Lawyer.
4. **Refer to ADV.**

ADM-CUL CULTURAL/SPIRITUAL ASPECTS OF HEALTH

OUTCOME: The patient/family will understand the impact and influences cultural and spiritual traditions, practices, and beliefs have on health and wellness.

STANDARDS:

1. Explain that the outcome of disease processes may be influenced by choices related to health and lifestyles, e.g., diet, exercise, sleep, stress management, hygiene, full participation in the medical plan. (Stoic Fatalism)
2. Discuss the potential role of cultural/spiritual traditions, practices and beliefs in achieving and maintaining health and wellness.
3. Explain that traditional medicines/treatments should be reviewed with the healthcare provider to determine if there are interactions with prescribed treatment.
4. Explain that the medical treatment plan must be followed as prescribed to be effective and that some medications/treatments take time to demonstrate effectiveness.
5. Discuss that traditions, such as sweat lodges, may affect some conditions in detrimental ways. Healing customs or using a traditional healer may have a positive effect on the patient's condition.
6. Refer to clergy services, traditional healers, or other culturally appropriate resources.

ADM-EQ EQUIPMENT

OUTCOME: The patient/family will understand and demonstrate (when appropriate) proper use of the equipment.

STANDARDS:

1. Identify and discuss the indications for and benefits of the specific hospital equipment.
2. Discuss the types and features of hospital equipment as appropriate.
3. Instruct the patient regarding necessary involvement and cooperation in the use of equipment, as appropriate.
4. Emphasize safe use of the equipment, e.g., no smoking around O₂, use of gloves, electrical cord safety. Discuss proper disposal of associated medical supplies as appropriate.
5. Emphasize the importance of not tampering with patient care equipment.
6. Explain that the various alarms are to alert the medical personnel of the patient's status and/or the function of the equipment.

ADM-OR ORIENTATION

OUTCOME: The patient/family will have a basic understanding of the unit policies and the immediate environment.

STANDARDS:

Discuss any or all of the following as applicable:

1. Provide information regarding the patient's room, including the location of the room, the location and operation of toilet facilities, televisions, radios, etc. and any special information about the room as applicable.
2. Identify the call light or other method for requesting assistance, and explain how and when to use it.
3. Explain how the bed controls work.
4. Identify the telephone (if available) and explain how to place calls and how incoming calls will be received. Explain any restrictions on telephone use.
5. Explain the reason for and use of bed side rails in the hospital setting. Discuss the hospital policy regarding side rails as appropriate.
6. Explain the unit visiting policies, including any restrictions to visitation.
7. Explain the hospital smoking policy.
8. Discuss the hospital policy regarding home medications/supplements brought to the hospital.

ADM-PM PAIN MANAGEMENT

OUTCOME: The patient/family will understand the rights and responsibilities regarding pain management.

STANDARDS:

1. Explain that it is the patient's right to have the pain assessed and addressed.
2. Explain that pain management is specific to the particular disease process and may be multifaceted.
3. Discuss the patient's responsibility in reporting pain and the effect of pain relief therapies to the provider or nursing staff.

ADM-POC PLAN OF CARE

OUTCOME: The patient/family will have a basic understanding of the plan of care.

STANDARDS:

1. Explain the basic plan of care for the patient, including the following, as appropriate:
 - a. Probable length of stay and discharge planning.
 - b. Anticipated assessments.
 - c. Tests to be performed, including laboratory tests, x-rays, and others.
 - d. Therapy to be provided, e.g., medication, physical therapy, dressing changes.
 - e. Advance directives. **Refer to ADV.**
 - f. Plan for pain management.
 - g. Nutrition and dietary plan including restrictions, if any.
 - h. Restraint policy and conditions for release from restraints as applicable.
2. Discuss the expected outcome of the plan.

ADM-RI PATIENT RIGHTS AND RESPONSIBILITIES

OUTCOME: The patient/family will have a basic understanding of the rights and responsibilities as well as the process for conflict resolution.

STANDARDS:

1. Review the facility's Bill of Rights and Responsibilities with the patient. Provide a copy of this Bill of Rights to the patient/family.
2. Briefly explain the process for resolving conflicts if the patient/family believes that the patient's rights have been violated.

3. Discuss availability of cultural/spiritual/psychosocial services as appropriate.

ADM-S SAFETY AND ACCIDENT PREVENTION

OUTCOME: The patient/family will understand the necessary precautions to prevent injury during the hospitalization.

STANDARDS:

1. Discuss this patient's plan of care for safety based on the patient-specific risk assessment. **Refer to FALL.**